

# March 28<sup>th</sup> & 29<sup>th</sup>, 2026

Maple Grove Middle School  
7000 Hemlock Lane N  
Maple Grove, MN 55369

**USE DOOR 23**



## Karate Cups Awarded to All Grand Champions

[www.AllAmericanKarateCup.com](http://www.AllAmericanKarateCup.com)

**Please Read and Sign. If under 18 years of age, a parent or guardian must sign**

The participant agrees to comply with the rules of the All American Karate Cup, to comply with the judges' decisions and acknowledges that competition in the above mentioned tournaments may result in an injury to a participant. The participant and/or any agent hereby waive ANY and ALL claims for damage or injury against the All American Karate Cup or any of their agents, officers, employees, or other participants and or any individual connected with the organization or promotion of the All American Karate Cup , and expressly assumes ALL risk of whatever nature resulting from participation in or attendance of said event.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

PARENT/GUARDIAN: \_\_\_\_\_ DATE: \_\_\_\_\_

Please make check payable to: Red Dragon Productions

### ALL AMERICAN KARATE CUP

Please Print:

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ AGE: \_\_\_\_\_ SEX: M / F \_\_\_\_\_

TEAM/ SCHOOL: \_\_\_\_\_

BELT COLOR: \_\_\_\_\_ EMAIL: \_\_\_\_\_

First Event: Cost: \$60 \$60 Early Bird \$70 After March 7th

Add'l Events: \_\_\_\_\_ Cost: \_\_\_\_\_ \$30 Each

Family Discount Cost: \_\_\_\_\_ \$ 5 off on each family member

Adult Spectators: \_\_\_\_\_ Cost: \_\_\_\_\_ \$10 Each

Child Spectators: \_\_\_\_\_ Cost: \_\_\_\_\_ \$ 5 Each

Under Black Belt GC Cost: \_\_\_\_\_ \$15 Each

Total Cost: \_\_\_\_\_

### Please Check Division Boxes

- Traditional Form \*\*
- Creative Form
- Traditional Weapons \*\*
- Creative Weapons
- Under Belt GC
- Beginner Mega Team
- Advanced Mega Team
- Preschool Mega Team
- Intramural Division
- Special Needs
- Sparring \*\*

\*\* Under Black Belt GC  
must enter these events.  
Extra points will be  
awarded for additional  
events.

## SATURDAY SCHEDULE

<b>4:00 pm</b>	Registration Opens	<b>5:45 pm</b>	Black Belt Forms, Then Weapons
<b>4:30 pm</b>	Preschool Mega Team	<b>6:45 pm</b>	Under Black Belt Weapons
<b>5:15 pm</b>	Preschool Intramural	<b>7:15 pm</b>	Black Belt Sparring

## SUNDAY SCHEDULE

<b>8:00 am</b>	Registration Opens	<b>10:45am</b>	Judges Meeting
<b>8:30 am</b>	Black Belt GC Finals	<b>11:15 am</b>	<b>11 yrs &amp; Under Intramural</b>
	11 & Under, 12-14	<b>11:45 am</b>	White, Gold, Green, & Purple Belts
	Basic Mega Team	<b>12:15 pm</b>	Blue, Red, & Brown Belts
<b>9:45 am</b>	Black Belt GC Finals	<b>12:15 pm</b>	All 12 & Older Intramural
	15-17, 18 and up	<b>12:45 pm</b>	Special Needs Divisions
	Advanced Mega Team		All Under Black Forms & Sparring
	GC Sparring 18 and up		<b>Sparring will start after all forms are done.</b>

## DIVISIONS

### Under Black Belt

**Traditional Empty Hand,  
Creative Empty Hand,  
Traditional Weapon,  
Creative Weapon**

All youth Divisions are Co-ed, but large divisions may be split. Sparring will be split boys and girls age 10 & Older.

BELT LEVEL	AGE
(White/gold/green)	5 & under
(Purple/Blue)	6-7
(Red/Brown)	8-9
	10-11
	12-14
	15-17
Women 18-29	
Women 30 & over	
Men 18-29	
Men 30-39	
Men 40 & over	

### Under belt GC Divisions

- 12 & younger Boys & Girls
- 13 to 17 Boys & Girls
- 18 & older Men & Women

### Black Belt

**Traditional Empty Hand,  
Creative Empty Hand,  
Traditional Weapon,  
Creative Weapon**

Divisions will be split male and female  
11 & younger  
12-14  
15-17  
18-29  
30-39  
40 & over

For Tournament Information:  
Email:elkriver@dojokarate.com

### Black Belt Sparring

Split by gender/age then height  
17 & younger (boys and girls)  
Men 18-29 (age, then height)  
Men 30-39  
Men 40-49  
Men 50 & Over  
Women 18-29  
Women 30-39  
Women 40 & Over

### Mega Team GC Divisions

- Mighty Tiger/Dragon Team
- Basic Team
- Advanced Team

### Black Belt GC Divisions

- 11 & younger Boys & Girls Forms
- 12 to 14 Boys & Girls Forms
- 15 to 17 Boys & Girls Forms
- 18 & Older Men's Forms
- 18 & Older Women's Forms
- 18 & Older Men's Sparring
- 18 & Older Women's Sparring